



# Hampsthwaite & Birstwith

## Junior Football Club

### 2015 / 2016 Newsletter

Welcome to the new 2015-16 football season at HBJFC. It's great to see so many returning faces and some new ones, especially in the under-7's. Thanks to all who registered at the end of last season, this allows us to get off to a great start on 5<sup>th</sup> September. A big thank you goes to Jamie Pearson for managing the registrations which means we will have a good ratio of children to coaches and a chance for all players to get quality match time.

I encourage everyone to visit [www.hbjfc.co.uk](http://www.hbjfc.co.uk) for all key club information such as the latest updates on the rolling banner e.g. next match info, a training & fixture calendar and the Nidderdale Junior Football League Rules & Ethos. Here are the updates for each team for the coming season:

**Under 11's** This season **Gareth Mills** and **Garry Plant** continue to coach the eldest age group in the club.

**Under 10's** For the first time we will be running an u-10's team this season along with several other villages in the league. **Mark Aspinall & Andy Johnston** will be the coaches for this new team.

**Under 9's** Our year 4's will be coached by **Allan Underwood & Duncan Carter**.

**Under 8's** **Thomas Rhodes & Jamie Bashall** will be stepping up to coach the u8's.

**Under 7's** Leading the u-7's once again will be **Mark Rhodes**, assisted by, **Richard Tate** and we welcome two new parent coaches **Hugh Phillips-Baker** and **Iain Murray**. New players joining are not required to pay any subs until the end of September when we know they have settled in and want to keep coming back.

**Training** Saturday morning training takes place on the Hampsthwaite Feast field and commences at 9.15am sharp so please make sure your child is at the field no later than 9.10am. The sessions finish at 10.30am. All children should bring a drink and a snack with them to Training and Matches to keep those fluid and energy levels up during the sessions.

**Matches** The fixtures are listed on the club website <http://www.hbjfc.co.uk> and the coaches will inform all players selected for matches, meeting and kick-off times and the arrangements for travel to away games. See the Nidderdale Junior Football League - Ethos and Rules on the website for details of how the matches are run. As per last year's arrangements, we will operate a mixed ability approach for all matches as agreed by all the Nidderdale league clubs.

**The coaches are happy for all parents to vocally support and encourage their children and team in matches but please don't shout tactics or positional instructions, it's hard enough for the players to try to understand the coaches! Please respect the RESPECT barriers. Thanks for your cooperation and understanding**

**Pitches** As per last year's arrangements, we have an agreement with Hampsthwaite Sports Club to use the Cricket pitch outfield for the u-8's and u-9's. This means that for home matches, we will run two separate pitches, any help setting up and taking down these pitches before and after each game will be very much appreciated by the coaches.

**Parent Help** Match days involve a lot of activities for coaches and we would appreciate any help from parents with setting-up and packing-up goals/pitches & washing kits. Please let your team coaches know if you are able to help out, it would much appreciated.

**Coaches** We are always looking for more coaches for this and future seasons to ensure HBJFC can continue to provide a good experience for all the players on Saturday mornings. If you are interested in becoming a HBJFC coach, please contact Mark Aspinall or any of the team coaches, for info on how to become a coach or visit [www.wrcfa.com](http://www.wrcfa.com). The club will fund anyone who would like to achieve the FA Level 1 Coaching qualification which is required to become a coach and I think all the coaches agree was a great learning experience.

**Players Kit** HBJFC tangerine football shirts will be provided for matches, players should wear their own black shorts and the club will provide tangerine socks, please see your coach if you need socks. **Shin Pads** must be worn for all training sessions and matches, players will not be allowed to take part without shin pads. In order to maintain your child's welfare and interest/enjoyment as we head into winter, please ensure all players have appropriate warm clothing. Hats, gloves and training tops are a must on cold days. We will shortly be ordering more club hoodies for purchase at £20 each, please complete the club hoodie order form and give to your team coach or Jamie Balshall ASAP if you would like one as we'll soon be ordering a new batch.



**Medication** The coaches need to be made aware of any medical conditions that your child may have experienced and any medications required. If your child is affected by asthma and they carry an inhaler it is vital they bring this with them on Saturdays.

**Parent Help** To help training and matches run smoothly, the coaches always needs help on training and match days to set up and pack away equipment and with kit washing. We have recorded who has offered to help on match days but please make yourself know to the coaches if you can help, especially on match days.

#### **Match Day Refreshments**

A big thank you to all those parents who helped out to provide match day refreshments last season, not only does it provide a warm welcome to the visiting team but it also generates key funds for the club. We do need offers of help again for the new season so if you would be willing to help out please speak to Allison Pearson (Mum of Sam U10s) asap.

**Portakabins** We continue to have the use of the Feast Portakabins, all left items such as training tops, boots for re-use will be left on the coat pegs and by the main door. Toilets are available for use but we do need to make sure they are kept clean!

**Club Officers** Chair – Mark Aspinall  
Secretary – Jamie Pearson  
Treasurer – David Willis  
Child Protection & Welfare – Andrew Hailwood  
Parent Representative – Alison Pearson

**Committee Members**  
Club Officers  
Coaches  
Equipment/Kit Manager – Jamie Balshall  
Fixtures & Website – Jamie Pearson

On behalf of the committee, we are looking forward to a great season and we hope all the players and parents enjoy Saturday mornings with HBJFC.

Mark Aspinall  
HBJFC Chair  
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